

4th Annual

# Hope Day

GREENWICH YOUTH, TEENS, FAMILIES & ADULTS  
COME TOGETHER TO  
SMASH THE STIGMA  
AROUND MENTAL HEALTH!

ARTS &  
CRAFTS

WELLNESS  
ACTIVITIES

APRIL

SUNDAY 19 1-3 PM

2026

FOOD &  
RAFFLES

RESOURCE  
TABLES

MUSIC  
&  
PERFORMANCES

YMCA GREENWICH

📍 50 E Putnam Ave, Greenwich, CT 06830

SAVE THE DATE

FREE & OPEN TO ALL!

